

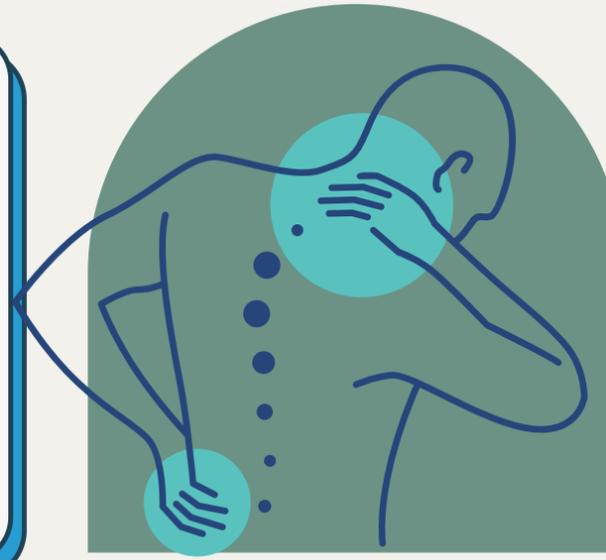
Dry Needling

Dry Needling is a technique used by Physical Therapists and other healthcare professionals to treat muscular pain and dysfunction. Dry Needling provides a nonsurgical approach for a less invasive treatment option. Potential benefits include:

1

Pain Relief and Inflammation Reduction

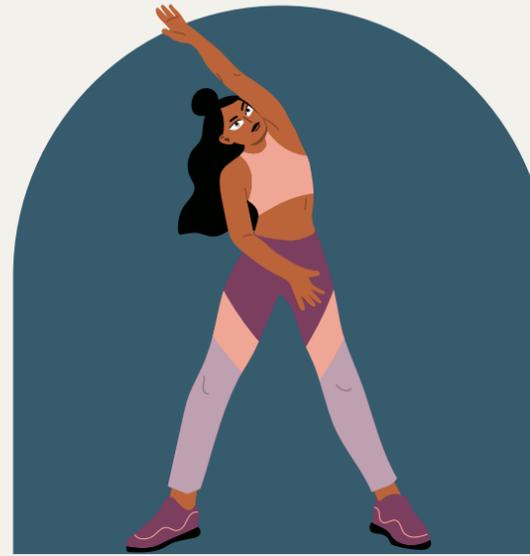
Dry needling helps reduce both localized and referred pain by releasing tight muscle fibers and stimulating the body's natural pain-relief mechanisms



2

Improved Range of Motion

By relaxing stiff muscles and reducing tension, dry needling enhances range of motion, making it especially beneficial for athletes and individuals recovering from injury



3

Accelerated Healing

The technique increases blood flow to affected areas, delivering oxygen and nutrients that support tissue repair and reduce inflammation



4

Enhanced Muscle Function

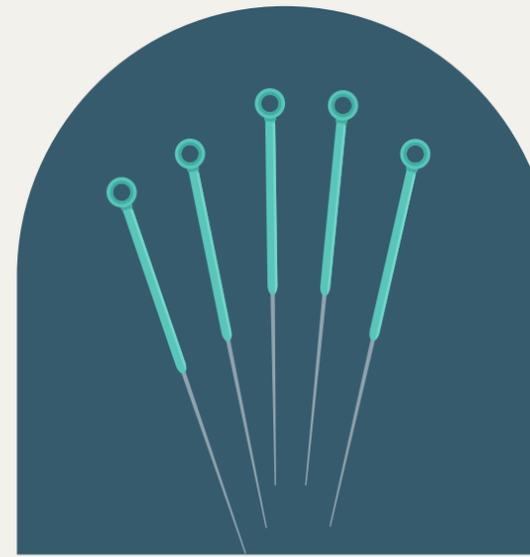
It's effective for managing chronic pain conditions such as fibromyalgia, arthritis, and myofascial pain syndrome by targeting the root cause of muscle dysfunction



5

Non-Surgical and Drug-Free

Dry Needling does not involve medication. This makes it a safe, low-risk option for many patients who are not ready for surgery or injections.



GCDMC PHYSICAL THERAPY

Caliente- (775) 726-8074

Alamo- (775) 726-8075

Dry Needling is a Cash Pay service only.